

PRISM

Poplar
Ridge
Information
Sharing
Monthly

The Religious Society of Friends, Poplar Ridge

SEPTEMBER 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 6:15p The Cayuga Prison Worship Group	3 Birthdays - Priscilla Berggren-Thomas 10a King Ferry Food Pantry
4 10a Meeting for Worship - Ruth Bradley	5 Labor Day 7:30p Meditation Group	6	7	8 7p Mid-week Worship @ Home of Christopher Sammond	9 Birthdays - George Clarkson, Edward Hayes The Nightingales Singing Group Camp Out @ Richter's	10 The Nightingales Singing Group Camp Out @ Richter's
11 10a Meeting for Worship - Ruth Bradley The Nightingales Singing Group Camp Out @ Richter's Singing & PotLuck @ Poplar Ridge Friend Meetinghouse	12 7:30p Peace & Social Action Committee (Buxenbaum's)	13 7:30p Ministry & Counsel (Nelson's House)	14 Anniversaries - Mary Lou & Jack Charles	15 Birthdays - Dorothy Lonsky 7:30p Men's Spiritual Nurture Group	16 6:15p The Cayuga Prison Worship	17 9a Genoa Food Pantry 10a Wellness fair @ King Ferry Presbyterian Church
18 Birthdays - Peter Charles , Aeriana McMannis Anniversaries - Jackie Dickinson & Ed Maassen 10a Meeting for Worship - Walter Foulke Monthly Meeting for Buisness at the rise of Meeting	19 Birthdays - Sarah Richardson	20 7:15p Women's Spiritual Nurture (Claire's House)	21 Deadline for PRISM submissions	22 7p Mid-week Worship @ Home of Christopher Sammond	23	24 5:30p Food & Fracking - Family Night Supper @ Poplar Ridge Friends Meetinghouse
25 10a Meeting for Worship (unprogrammed)	26 Birthdays - Bill Sims 7:30p Youth Committee Meeting @ Eric Devin's	27	28 Birthdays - Paul Simkin 7p Outreach Committee Meeting @ Anne Dalton's	29	30 6:15p The Cayuga Prison Worship Group	

For more information about calendar events, check the PRISM or contact pr.prism@gmail.com

**POPLAR RIDGE MONTHLY
MEETING FOR BUSINESS
MINUTES OF AUGUST 21, 2011**

Meeting opened in silence at about 11:45 am. Persons present were Larry Buffam (clerk), Joanne Rogers, Anne Dalton, Jen Parker, Paul Simkin, Ann Burch, Jeff Layton, and Bill Tyler. The minutes from our June meeting were read for information. The July meeting had been cancelled.

Building Committee reported that painting of the south-west corner of the meeting house was not yet completed. The new wooden front steps are nearly complete; the ends need to be closed in. A new concrete sidewalk was poured and completed on August 19.

Meeting closed in silence at 12:15 pm.
Respectfully Submitted
Bill Tyler, recording clerk

COME SING!

"This will be our reply to violence: to make music more intensely, more beautifully, and more devotedly than ever before."

~~ Leonard Bernstein

The Nightingales, Friends who love to sing, and some who sing to live, are gathering again this September 9-11 at and around Poplar Ridge Monthly Meeting. All are most welcome. Getting together and singing as the Nightingales do it is about singing from the heart. It is not about being a great singer. It is about being in a community singing with love. If you were told by your kindergarten teacher to "just mouth the words," because "you can't sing," you can sing. If you can talk, you can sing. We sing from Rise Up Singing and Worship in Song, but we often bring songs or rounds we have encountered to teach each other. We go around in a circle, and every person present, even the very youngest, gets to name a song they want sung, and if the person wants, they set the pitch for it, too.

These weekends are also about fellowship and food. We all bring food to share, and have potluck meals that we take turns organizing and cleaning up after. And we tell about our lives. We do that in words, and in the songs we initiate, for there is little more revealing than the song in

your heart. Sometimes we sing our way into the truth of who we are, and receive that from the singing.

Those that can camp, do so, or sleep in sleeping bags on the floor. Those that need a bed, due to age, physical need, or inclination, get the few that are available. We charge a small fee for breakfast staples, but otherwise we do everything ourselves, so the cost is negligible. If this sounds like fun to you, please come, and bring those you love with you.

Shuttle service from the Syracuse Amtrak station is a possibility. Children are most welcome, though those not wanting to participate in the singing are the responsibility of their parents.

Dates: September 9-11
Place: Hannah and Andreus Richter's house, and Poplar Ridge Monthly Meeting
Suggested fee: \$10

For more information: Contact Christopher Sammond, 917-613-6314, or nyym.gensec@gmail.com

Registration: Contact NYYM office at 212-673-5750, Walter@nyym.org We need to know how many to plan for, who needs a bed, and what food you plan to share!

**SINGING AND POTLUCK WITH
THE NIGHTINGALES**

There will be a potluck lunch on Sunday the 11th at the Meeting House following the rise of meeting to welcome the Nightingale singers. All are welcome and encouraged to bring a Soup, sandwiches or whatever mostly finger type foods you would like to bring.

Come early to worship on the 11th and join the Nightingales in song, we will be warming the Meeting House with worshipful singing before worship at 10:00.

FAMILY NIGHT SUPPERS

Please note: Family Night suppers will begin at 5:30 this year in the hopes of making this event more friendly to families with children. The special event will begin at 7:00. Families are

welcome to come to the supper and leave prior to the 7:00 event if this fits your families' needs. Gathering together for a shared meal is a great way to get to know with another and build community! Family Night Suppers are usually the last Saturday of the month. Watch the PRISM calendar for dates and program details.

“FOOD AND FRACKING”

The September friendly night supper will be a Community Gathering on Sat. September 24th at the Poplar Ridge Friends Meetinghouse. Dish to Pass Supper at 5:30; Program to follow at 7:00

A discussion of hydrofracking methods, leases, and local concerns will be facilitated by Maryll Mendillo. FREE and OPEN TO ALL

HEALTH TAPESTRY

Health Tapestry is a Health Ministry and Mission Outreach in Southern Cayuga County that grew out of the vision and passion of Deborah Herst Hill, RN, Faith Community Nurse (undergraduate degree in Social Work and Urban Studies). Deb returned to this area to live closer to her parents after 30 years of community health nursing in Ithaca and Boston focusing on elders and persons with disabilities. She was intrigued with the possibility of expanding health care supports in rural Southern Cayuga County in collaboration with area churches which were already organized across denominational lines (Southern Cayuga Wider Parish) to identify and respond to unmet needs of their neighbors. She became interested in the specialty area of Parish Nursing as the way to make it happen! Deb completed coursework for a certificate in Parish Nursing/Faith Community Nursing in October 2009 and then approached several faith communities in the area to assess interest among local churches and begin the work.

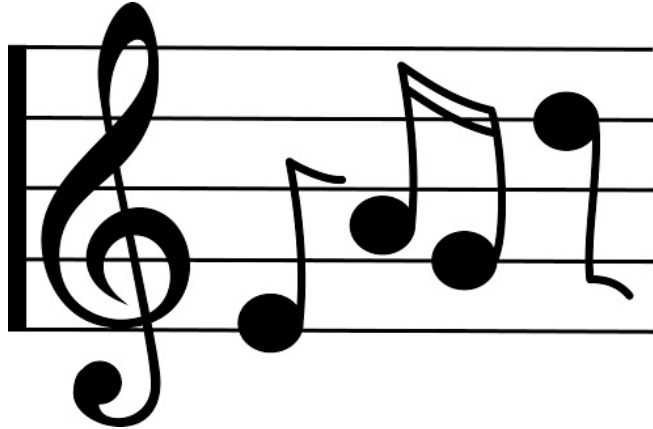
Deb now works with a team including liaisons from participating Wider Parish churches and Westminster Presbyterian Church in Auburn to share ideas, concerns, and plan supports (Health Tapestry Mission and Ministry Team, the “M&M Team”). Referrals come through area churches with intentional outreach to surrounding

communities. Supports include health education, health advocacy, health care coordination (ensuring communication among multiple providers), visits and consultations at home, health care provider visits, in the hospital, nursing home/rehab or hospice. Necessary transportation is arranged or provided.

Faith Community Nursing has been around for a long time. Many larger churches employ a parish nurse on their staff: a widespread practice in the Midwest and South, expanding in all states. The goal of this type of health ministry is to provide a “soul-mate” or companion for your health care journey – focusing on the Whole person: body, mind, and spirit. Deb is a member of the Scipioville Presbyterian Church.

Health Tapestry is planning a WELLNESS FAIR SATURDAY SEPTEMBER 17 from 10 am to 4 pm at King Ferry Presbyterian Church (endorsed by Southern Cayuga Wider Parish and Westminster Presbyterian, Auburn). There will be a focus on local resources and supports for prevention and wellness across the health and age spectrum. We plan to pay special attention to local health care resources which can benefit county residents struggling financially. We will also highlight local foods as available! We plan to have fun and learn something at the same time with a theme of “Learning Locally to Improve Your Health Globally”! We are asking donations of non-perishable food items for our local food pantries as admission.

We hope to see you there! Deb Herst Hill 315-283-5331 debhersthill@yahoo.com and the M&M Team: Gloria Fisher, Scipioville Presbyterian; Muriel Godbout, King Ferry Presbyterian; Carolyn Hiza, Westminster Presbyterian Auburn; Sally Otis, Poplar Ridge Friends Meeting; Joan Parsnick, Good Shepherd Parish: Union Springs, Aurora, King Ferry, Moravia; Ellen Schaffer, United Ministry/Aurora; Esther Thurston, United Church Genoa; Donna Wolfgang and Linda Zach, Trinity UCC, Union Springs.



POPLAR RIDGE FRIENDS MEETING

Clerk - Larry Buffam

Pastor - Ruth Bradley

Recording Clerk - Bill Tyler

Musicians - Claire Howard, Jeff Layton, Cathy Mullarney

Treasurer – Dee Nance

Ministry & Counsel Clerk - Howard Nelson

Poplar Ridge Friends meet every Sunday at 10 am for worship. The fourth Sunday of the month is an unprogrammed meeting. The fifth Sunday is a youth centered service. There is Nursery during meeting.

To contribute items for PRISM contact us at pr.prism@gmail.com or
Poplar Ridge Friends Meeting
Attn PRISM
PoplarRidge, NY 13139

To change or correct a mailing label please contact Mary Lou Charles at 364-7391 or Scott Heinekamp at 364-7676. You can request PRISM electronically and save the Meeting the expense of postage by emailing pr.prism@gmail.com.

Visit our web site at <http://www.quaker.org/poplar/> for more information

Poplar Ridge Information Sharing Monthly
Poplar Ridge Monthly Meeting of the
Religious Society of Friends
Poplar Ridge, NY 13139