

LEYM Spiritual Formation Program 2009-2010

Retreat Leader: **Michael Birkel**

September 25th-27th 2009: Weber Retreat Center: Adrian, MI
May 1st 2010: Location TBD

The retreats will explore the themes of giving and receiving spiritual nurture, and of listening and discernment. Early Quaker letters of spiritual counsel will be used as examples of nurture from our heritage as Friends. There will also be group exercises in giving and receiving these gifts.

Michael Birkel has led retreats among Friends for many years and has written books on John Woolman, reading Scripture with early Friends, and Quaker spirituality. He is a member of Clear Creek Monthly Meeting of Ohio Valley Yearly Meeting. He teaches in the Religion Department at Earlham College, where he also directs the Newlin Center for Thought and Practice.

Overall Program

Who:

- * The spiritual formation program is for anyone who longs or thirsts for a deeper spiritual life.

What:

- * The program provides a flexible structure for spiritual development. It balances between enough structure to guide and enough flexibility to be customized to individual needs.

When:

- * It is a nine month program, with a kick-off (or renewal) retreat in the fall and a wrap up retreat in the spring. Both these retreats have participants from many Monthly Meetings across LEYM.
- * In between the retreats, local groups meet on a regular basis and participants practice a daily spiritual discipline. These spiritual disciplines are discerned by each individual.

Where:

- * Local groups: Across the breadth of LEYM

Why:

- * To share our spiritual journeys!
- * A shared journey:
 - Gives us a shoulder to lean on when we need it.
 - Helps us when we hit road blocks or detours.
 - Gives us Friends to share our moments of excitement, joy, awe and wonder.

REGISTRATION FORM
LAKE ERIE YEARLY MEETING SPIRITUAL FORMATION PROGRAM

Retreat Leader: **MICHAEL BIRKEL**
Associate Professor of Religion, Earlham College

Theme: **SPIRITUAL NURTURE**

Fall retreat: **September 25th-27th, 2009**
 Weber Retreat and Conference Center: 1257 East Siena Heights Dr, Adrian MI 49221
(33 miles NW of Toledo, 30 miles SW of Ann Arbor MI, 72 miles SE of Lansing MI)
<http://www.adriandominicans.org/WeberCenter/WeberCenter/WeberCenterHome.aspx>

Spring Retreat: **May 1st, 2010**: Location: TBD

Please pre-register as early as you can, but no later than **September 1st, 2009**

NAME(S) _____
 ADDRESS _____

 PHONE _____ E-MAIL _____
 MONTHLY MEETING _____

Both events:	<input type="checkbox"/> Individual	\$135	Registration:	\$ _____
	<input type="checkbox"/> Couple	\$200	Scholarship requested from Monthly Meeting:	\$ _____
Fall only:	<input type="checkbox"/> Individual	\$120	Scholarship requested from LEYM Spiritual Formation Program	\$ _____
	<input type="checkbox"/> Couple	\$200		
Spring Only:	<input type="checkbox"/> Individual	\$20	Total Scholarship Requested	\$ _____
	<input type="checkbox"/> Couple	\$30		
			Additional contribution to support others' participation	\$ _____
<input type="checkbox"/>	Mobility issues, food allergies, or other special needs - please specify:			TOTAL \$ _____

_____ TOTAL ENCLOSED \$ _____
 _____ TOTAL DUE AT RETREAT \$ _____

*** Don't let cost prevent you from attending. ***

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 For more information, contact Mathilda at galaxy@woh.rr.com or (419) 448-0578