

Fall 2018
GATHERING GARDEN CENTER FOR SPIRITUAL LIFE
Gwynedd Friends Meeting (Quaker)
1101 DeKalb Pike, Gwynedd, PA 19454

SAVE THE DATES!

YOGA CLASSES: THURSDAYS, 6:00 – 7:00 PM, SEPTEMBER 21-DECEMBER 20

Uma Anmangandla will offer weekly classes of gentle Hatha yoga. Bring towel or yoga mat for sitting on the floor and wear comfortable clothing. Register on the first evening.

Location: Community Room **Cost:** \$5.00 Per Class.

Contact: Uma Anmangandla, UmaAnmangandla@gmail.com or Chuck Maxfield, chuckmaxfield@gmail.com for questions.

SMALL GROUP SPIRITUAL NURTURE: SECOND THURSDAYS, 7:15 – 9:00 PM, OCTOBER 11 – MAY 9, 2019

“Holy Listening – to “listen” another’s soul into life, into a condition of disclosure and discovery, may be almost the greatest service that any human being ever performs for another.” – Douglas Steere. Group spiritual direction is a process in which 4-5 people gather in a small group on a monthly basis to assist one another in an ongoing awareness of God in all of life. Each member of the group seeks support for their responsiveness to God and they agree to support others in responding to God’s work in their lives.

Location: Library, First Floor Counseling Room, Second Floor Conference room **Cost:** \$30

Contact: Connie Lezenby 267-664-3721 or lezenby@gmail.com for questions and registration.

SPIRITUAL READING GROUP: 3 SECOND MONDAYS, 1:00 to 2:30 PM

Join our small, informal discussion group to explore Quaker and other spiritual traditions. To help enrich the discussion, bring a few passages you would like to share with the group.

October 8: *The Gathered Meeting*, Pendle Hill Pamphlet (PHP) #444 by Steven Davison

November 12: *The Epistle of Paul to the Galatians*, New Testament, any translation

December 10: *A Plea for the Poor*, PHP#357 by John Woolman

Location: Gwynedd Library **Cost:** Free

Contacts: Jane Berger, jberger@westnet.com and Carol Ritting, critting@hotmail.com

FRIENDS IN NATURE – FIRST SUNDAYS Location and directions will follow by email closer to each date. All members, attenders and children are welcome.

Contacts: Steve Kerr stephen_kerr@comcast.net, and James Quinn jamesaquinn@verizon.net

SILENT RETREAT: SATURDAY, 9:30 AM – 4:30 PM, DECEMBER 8

In the midst of busy holiday times come for a day of silent retreat. We will gather to share our prayers and hopes for the day, then see where the spirit will lead each of us through journaling, art work, labyrinth walking, meditation and sitting quietly by ourselves in silence. At the end of the day we will meet to gather the graces. Bring a journal,

sketchbook, needlework, simple crafts, or spiritual readings. Also bring a bag lunch and snacks to share. Drinks will be provided.

Location: Gwynedd Friends Meeting and grounds **Cost:** \$10

Contact: Connie Lezenby 267-664-3721 or lezenby@gmail.com for questions and registration